

WHAT IS CLAIMED IS:

1. An ink jet recording apparatus, comprising:
a carriage equipped with a recording head for discharging ink and a first ink tank for housing ink
5 to be supplied to the recording head; and
a second ink tank which is arranged separately from the first ink tank and is connected with the first ink tank in order to supply the ink to the first ink tank,
10 wherein an ink absorber having a lot of cavities for holding the ink is arranged in the first ink tank, and an average distance between cavities is 0.12 mm to 0.25 mm.